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LaGrange College

Course Catalog - Coaching

Minor in Coaching - Minor in Coaching

Type:Minor

Students will select at least **FIVE** of the following courses to fulfill the requirements of the Coaching Minor. Students must pass all courses listed below with minimum grade of "C-."

(Courses noted with an * are required for the concentration.)

EXCS 1154	First Aid: Responding to Emergencies
EXCS 2311	Survey of Strength & Conditioning
EXCS 3305	Sports Psychology
EXCS 3310*	Coaching Theory and Methods
EXCS 3313	Leadership in Physical Education and Athletics
EXCS 3332	Prevention and Care of Athletic Injuries/Illness
EXCS 3360	Motor Behavior and Control
EXCS 4311	Principles of Strength & Conditioning
EXCS 4325	Exercise and Sports Nutrition
EXCS 4400	Internship in Physical Education/Coaching

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LaGrange College

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